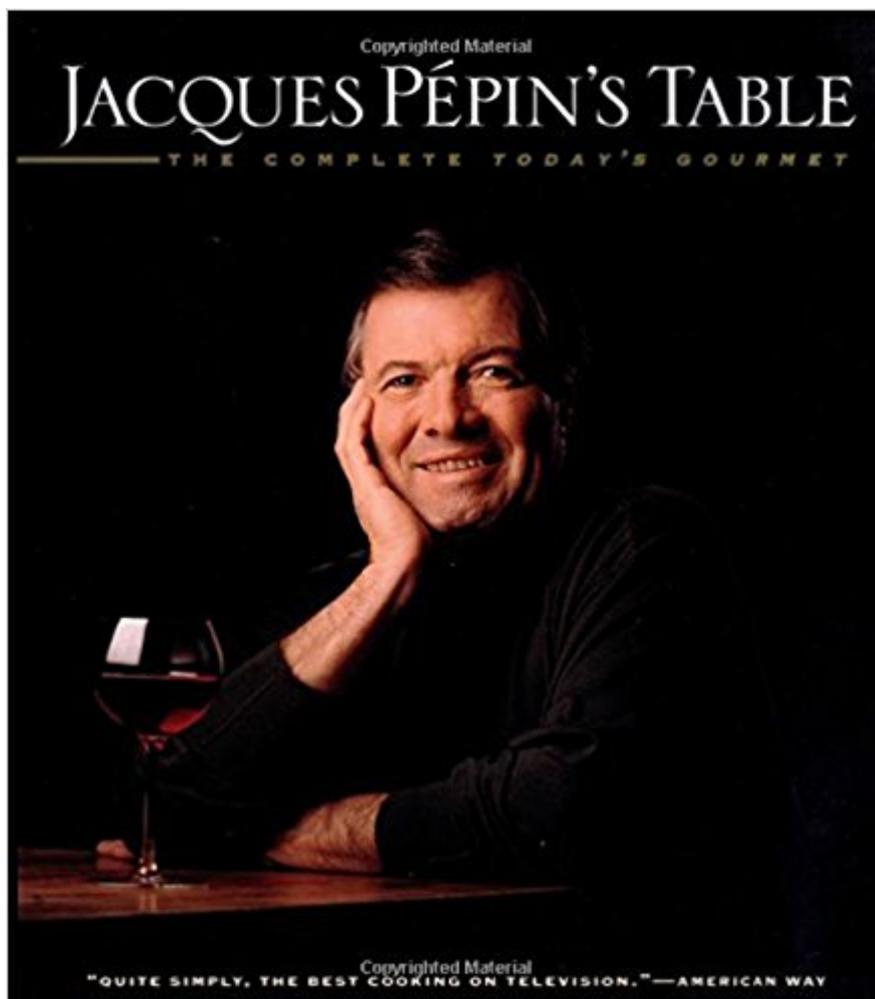


The book was found

Jacques Pépin's Table: The Complete Today's Gourmet



Synopsis

Emphasizing lower-calorie, health-conscious cooking, a collection of more than three hundred recipes from all three seasons of the PBS series, *Today's Gourmet*, includes menu and wine suggestions and culinary techniques. TV tie-in. 40,000 first printing. IP.

Book Information

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Customer Reviews

There are so many things to say about this book that have not yet been said by other reviewers that I almost can't believe it. First of all, I love food and have been cooking for family and friends now for years and Jacques Pepin's books have been the most helpful to me by far. This particular book is wonderful because it not only provides complete menus for every season and occasion you might imagine, but it also outlines how to prepare different recipes so that everything ends up on the table hot and in good time....It is a true indulgence to be able to make and eat delicious food. This book permits both pleasures without the guilt of unknown excesses of fat, cholesterol, sodium and the like. -- Eat what you like, but please...know what you are eating! I have made nearly every beef, poultry and fish dish in this volume with terrific and consistent results. -- The greatest thing is that the book teaches you how to spend your money wisely and get the most bang for your buck, usually with little more than a some minor attention to detail, which is free. My mother-in-law who is a very well travelled, difficult to impress foodie consistently lavishes me with compliments when I whip up dinner with recipes culled from this book. She was so impressed with the stuffed chicken breast dish 'Chicken Kiev Style' that she asked to watch me make it so that she can serve it at her dinner parties! Very economical and easy for such high praise! The side dishes are exquisite, flavorful,

andeasy. They are great to bring along when visiting, compliment a variety of meals, are generally inexpensive, and are a bit more special than other run of the mill recipes you might tend to fall back on.

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